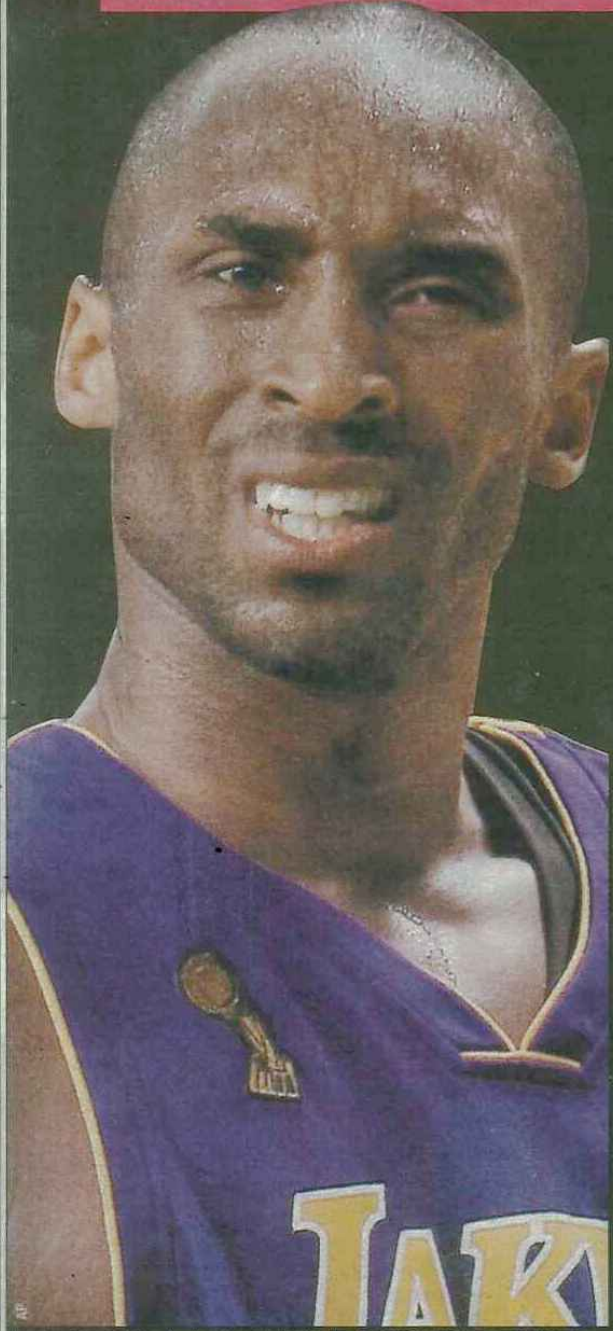




## NBA REF BLOWS THE WHISTLE



# FOUL PLAY



Playoffs  
'rigged'



'Bias' for  
top stars



NBA executives rigged playoff games to boost ticket sales and TV ratings — telling the refs to prolong playoff series and protect star players from damning calls, disgraced former official Tim Donaghy charged in explosive court papers filed yesterday.

**SEE PAGE 5**

Kobe Bryant's Lakers got breaks in 2002 from officials under pressure to extend playoffs, says disgraced ref.

New York Post, Wednesday, June 11, 2008 nypost.com

# HIGH FIVE

## THE TOP BEAUTY TREATMENTS IN NYC



Cornelia Day Spa suites offer a serene and relaxing environment for body treatments.

By RACHEL GRUMMAN

**1 BEST BODY TREATMENT**  
**Cornelia Day Resort**  
663 Fifth Avenue, 8th Floor; (212) 871-3050; www.cornelia.com  
Cornelia Day Resort's Firming Seaweed and French Green Clay therapy will make you feel as though you've died and gone to heaven.

The treatment kicks off by soaking in a luxurious, overflowing bathtub with a Cornelia soaking tea to



N.Y. Post/Victoria Hill

**Mamie has a magic touch with facials (and offers a great listening ear, too.) Little wonder that she has a huge celebrity clientele.**

soften the skin. Next, you're escorted into a treatment room for a gentle, exfoliating, full-body scrub.

After rising off, you're slathered from shoulders to toes in warmed European mud, which hydrates and firms the skin.

Then you're wrapped up like a human burrito in what looks like a huge piece of tinfoil, followed by a heated blanket.

While the mud sinks in and tones the skin, you're given an ultra-relaxing, drool-worthy scalp massage. Once the mud is rinsed off, moisturizer is massaged into your skin. The 90-minute treatment costs \$260.

**2 BEST FACIAL**  
**Mamie's Day Spa**  
30 E. 60th Stree, Suite 208; (212) 260-9372; www.mamiesskin-care.com

If you've dreamed of having flawless, glowing skin that's smoother than a baby's butt, look no further than Mamie's Skin Care Center.

The owner, Mamie McDonald, who has a celebrity following, is a master at looking at an individual's skin and assessing which treatments — from microdermabrasion and oxygen therapy to collagen-boosting intense pulse light — are best for revealing a radi-

ant complexion.

"The facial treatment is customized to the specific needs of the client's skin condition," explains McDonald, who not only has soothing, magical hands but also listens to your troubles better than any

bartender. The average cost of a facial is \$175, depending on the treatments given, but summer specials run around \$125.

To maintain your newly soft, supple skin, McDonald recommends getting a facial at least once a month.

**3 BEST CELLULITE FIGHTER**  
**Accent Your Body Dual-Layer Thermotherapy**  
www.accentyourbody.com

There's nothing worse than being plagued by cellulite. The good news is now there's something you can do about those mortifying lumps and bumps.

Accent Your Body Dual-Layer Thermotherapy is an FDA-approved, virtually pain-free treatment that uses radiofrequency technology to build collagen and smooth out the bumpy layer of fat beneath your skin, which is causing the cottage-cheese-like appearance.

A handheld device is rolled up and down the affected area, giving off heat similar to what you'd feel during a hot stone massage. The result? Smoother and more toned-looking skin that lasts.

ADVERTISEMENT

### What do you do when Viagra, Levitra, or Cialis doesn't work?

If you are one of the nearly 6 million men with erectile dysfunction for whom pills don't work, learn how the Internal Penile Pump restores normal sexual function.

Oral medications such as Viagra, Levitra, and Cialis are successful in restoring erections for 65% of the 20-million American men who are affected by erectile dysfunction (ED). However, a third of all those suffering from ED require a more advanced treatment option; fewer than 50% of men with diabetes and fewer than 40% of men after prostate cancer treatment respond to oral ED medication.

**"The Internal Penile Pump is currently the best option for men who do not respond to medication"**

The Internal Penile Pump is currently the best option for men who do not respond to medication, says Dr. J. Francois Eid of Advanced Urological Care, and an Associate Clinical Professor of Urology at Weill Cornell Medical College/New York Hospital. He is the top-rated physician in the Northeast for this procedure, and he performs more than 200 Penile Pump insertions each year.

**A simple procedure to get back a lifetime of pleasure.**

The Internal Penile Pump is an inflatable, water-filled device. During the course of a 45-minute outpatient procedure, the pump is inserted through a one-inch opening in the scrotal sac. By

squeezing the pump (which is contained completely within the scrotum), for approximately a minute, fluid is pumped into the penis, resulting in a long lasting erection. To return the penis to a flaccid state, simply press and hold down the pump. Once, inserted, there is no maintenance required for the pump which can remain in place for a lifetime.

**The control and quality you want, the pleasure your partner will appreciate.**

The highlight of this treatment is that it restores the patient's control over his body, so that he is able to obtain and maintain an erection at will. Couples are once again able to have spontaneous sex. Normal sensation, including orgasm and ejaculation, is not affected. The procedure is covered by most insurance policies, including Medicare.

**For more information, call Advanced Urological Care at 212-535-6690 or visit www.urologicalcare.com**

### BEST BEAUTY BUYS

#### Clarisonic Skin Care System

Save some dough and cop a cleaner, smoother complexion by giving yourself an at-home facial with the Clarisonic, a large rotating facial brush that unclogs pores and sweeps away dirt, oil and makeup without stripping your skin (www.clarisonic.com; \$195).

#### Freeze 24-7 & Go Smoother & Brightener

This candy-apple-red gadget contains ingredients that brighten skin, suck up excess oil, and soften fine lines after a rough day or an impromptu sleepover. It has GABA (gamma aminobutyric acid), the body's muscle-relaxing agent, and vitamin C. Best of all, it can go under or over makeup for a quick touch-up (\$65; www.freeze247.com).

#### no!no!

You'll say "yes! yes!" to this handy hair-removal device, which emits heat to painlessly destroy hair follicles. Hair growth will be less dense after using the device twice a week for eight weeks. From Sephora (\$250; www.sephora.com).



#### Zeno

This hand-held device uses heat to kill pimple-causing bacteria, zapping zits in their early stages. When you feel a pimple coming on but before there's something to squeeze, press the device to the area for two and a half minutes, up to three times within 24 hours, and you can stop the pimple-to-be before it rears its ugly head (\$150; www.myzeno.com).

Rachel Grumman

# HEALTH

Each 30-minute treatment costs \$600 to \$1,000, and you'll need three to six sessions every one to two weeks.

"You'll notice an improvement about two weeks after the first treatment," notes Dr. Macrene Alexiades-Armenakas, a Manhattan-based dermatologist, who researched the Accent system and offers the treatment in her Park Avenue office. "It takes three to six months to see the full result."

## 4 BEST MASSAGE

### Graceful Services

1095 2nd Avenue, second floor; (212) 593-9904; www.gracefulservices.com

Graceful Services understands the concept of getting more bang for your buck. With an hour-long massage costing a mere \$60, you can enjoy sheer bliss without breaking the bank.

Although you won't get the bells and whistles of fancier spas — a curtain separates you from fellow customers — the space is ultra-clean, quiet and relaxing.

More importantly, you'll receive the most incredible head-to-toe massage that will unravel even the most tightly-knotted muscles.

At the end of the massage, you're covered in hot towels and wiped down so you won't walk away feeling

greasy either.

Graceful Services also offers hot stone massage and reflexology.

## 5 BEST HAIR TREATMENT

### Pashah Salon

601 Madison Avenue; 212-371-7337; www.pashahsalon.com

Between blow dryers, straightening irons, color processing, and the sun, your hair takes a lot of abuse. Breathe new life into your locks with the Yarok hair treatment, created by Mordechai Alvw of Pashah Salon.

The Yarok (which means green in Hebrew) treatment uses all natural, essential oils to add strength and much-needed moisture to stressed tresses.

"After one treatment, the overall appearance of your hair looks healthy," says Alvw, who spent seven years researching essential oils for hair.

Oils are selected according to each client's hair color and the condition of the hair, such as sun-damaged locks. The oils are massaged into the scalp to penetrate the hair shaft, and then the hair is either wrapped in hot towels or put under a steamer, followed by shampoo and conditioner.

The treatment costs \$65, not including a blow dry. You can also buy your hand-selected essential oils (a two ounce bottle costs \$60 for five to seven treatments) so you can repair your hair at home.



Give your crowning glory the full works at

# Health & Beauty

## COSMETIC SURGERY

**NEW**  
Revolutionary Mini Face Lift;  
Quick Recovery,  
Long Lasting Results.

Fillers, Botox, Fat Injection

### Refresh Your Look

Breast Augmentation,  
Liposuction, Brazilian  
Tummy Tuck and more.

CALL FOR COMPLIMENTARY  
CONSULTATION  
(212) 717-9755

## COSMETIC SURGERY

## LiteTouchMedical P.C.

Neil C. Goodman, MD, FACOG, FAACS  
Martin C. Hyman, MD, FACOG, FAACS

### Awake Liposuction Technology

- "Pro-Lipo Laser and Accent Radiofrequency assisted liposuction"
- Newly introduced "AWAKE LIPO-TUCK" and "AWAKE LASER-TUCK" procedures
- Fat transfer for buttock and breast reshaping

All procedures are:

- Performed under local anesthesia by board certified surgeons
- FREE comprehensive consultations with a cosmetic surgeon
- Nutritional counseling provided with all liposuction procedures

**20% off a surgical procedure** (excludes 0/00/000)  
**0% interest for 12 months** (pay off or by bank)

EVENING AND SATURDAY APPOINTMENTS AVAILABLE  
7 West 51 Street, 2nd floor, NYC  
(across from Rockefeller Center)  
www.litetouchmedical.com  
**212-397-7650**  
White Plains Office: 914-946-1158  
www.westchestercosmeticmd.com

## DENTISTRY

## DENTAL IMPLANTS

**\$350** (\$500 Value) for Whitening  
**\$545** (\$1,500 Value) per Implant (Post and Crown Add'l)

Contemporary Dental Implant Centre  
41st & Madison Ave • Massapequa • Whitestone • Wall Street • Scarsdale  
CT Scan-3D views of the Jaw now available at our Madison Ave location  
Call 212-269-9500 today!  
See Habla Español www.contemporarydentalimplantcentre.com

To advertise in Health & Beauty

## COSMETIC SURGERY

### got wrinkles?



### Spectacular Summer Specials

Radiesse \$400-\$800  
Restylane \$600  
Juvéderm, Botox, Non Surgical  
Skin Tightening \$300

### 40% OFF Cosmetic Surgeries

Liposuction/Sculpture,  
Tummy Tucks, Breast Aug,  
Mini/Quick/Full Facelift,  
Chem Peels, Nose or Eyelid  
Surgery, Ear Tucks, Lobe  
Repair, FDA approved  
Permanent Facial/Lip Implants

### Complimentary Consultation

Board Certified Surgeon  
Cameo Surgery

965 5th Ave, Ste 1B (78th St.)  
New York, NY 10021

www.cameosurgery.com  
646-201-5273

Health & Beauty runs every Tuesday and Wednesday in the New York Post.

## TORN EARLOBE?

FREE Ear piercing with the repair of your torn earlobe

212.744.LOBE 212.744.5623  
www.tornearlobe.com

Board Certified Plastic Surgeons  
Insurance Accepted Where Applicable

## DENTISTRY

## COSMETIC DENTISTRY

THE WAY TO A BEAUTIFUL SMILE

Get A Perfect Smile In only 1-2 visits

Before After one visit

- Close Gaps • Whiten Teeth
- Repair Chipped Teeth
- Re-align & Straighten Teeth

FREE - NO OBLIGATION EXAM, CONSULTATION AND SMILE ANALYSIS USING COMPUTER AND INTRAORAL IMAGING SYSTEM.  
Complete range of Dental Services provided in our brand new state-of-the-Art office.

• AIR ABRASION • LASER WHITENING  
Cavities Filled Without Drill, Injection or Pain. In just 1 visit!

WE GUARANTEE TO EXCEED YOUR EXPECTATIONS  
• Most insurances accepted • Payment plans available  
www.omnidentalcare.com

OMNI DENTAL CARE, P.C. (718) 376-8656  
313 King Hwy (Corner of W. 6th St.) Brooklyn (N train, B 82 Bus)

Cosmetic Dentistry of NY Offers Braces for Children and Adults  
INVISIBLE BRACES AVAILABLE  
CERTIFIED BY INVISALIGN  
\$135 PER MONTH Most Insurances Accepted

GUM TREATMENT DENTAL IMPLANTS & POWER WHITENING  
\$350 1 hour Bleaching \$650 Dental Implants